



On Campus

A monthly publication for the faculty and staff of Greenfield Community College

March 1993

March celebrates National Women's Month

Singers, satirists, dancers and media critics are all part of the National Women's Month program to be held throughout March. Here is the schedule of National Women's Month activities, sponsored by the office of student life:

A RAINBOW IN THE NIGHT

Wednesday, March 3

12 noon

Sloan Theater

Dolores McCullough stars as Edna St. Vincent Millay in *A Rainbow in the Night*, a one-woman play dramatizing

the life and times of the poet and satirist (1892-1950). The first woman to win the Pulitzer Prize for poetry, St. Vincent Millay was a pioneer for human rights and a gadfly who sparked the social consciousness of her times.

McCullough's performance is based on letters that the poet wrote home to her mother and sister, as well as on her poetry, which traces her life.

McCullough is currently directing a pilot project for a five-part television series on

Henry David Thoreau. As director of Creative Communication for Careers and Corporations in New York City, she teaches speech presentation to individuals and corporations.

DEADLY PERSUASION:

ADVERTISING AND ADDICTION

Monday, March 8

12 noon

Stinchfield Lecture Hall

Dr. Jean Kilbourne

presents a lecture, "Deadly Persuasion: Advertising and Addiction". Kilbourne educates her audience about health and addiction, as well as advertising and the media. She examines the selling of addictive products such as alcohol, tobacco, diet products and prescription drugs. She also exposes advertising's assault on self-image and the marketing of a mindset that often leads to unhealthy choices.

BIG BUTT BLUES

Wednesday, March 10

12 noon

Cafe

Lori Glaser and Bobbie Steinbach, stars of *Big Butt Blues*, are dynamic, hilarious and wacky singers/comediennes. *Big Butt Blues* is a cabaret-style blend of comedic showstoppers, character sketches and poignant ballads. A cast of characters takes over the stage during

Continued on back page

Wellness program schedule announced

The spring schedule for the employee wellness program is as follows:

YOGA

Wednesdays, 2-3 p.m.

February 24—May 5

Room S308

Cost: \$10

A gentle breathing, stretching and relaxation class appropriate for all levels. Sign up in the business office.

FITNESS CENTER

Monday—Friday

9 a.m.—2 p.m.

Cost: \$15 for the semester

Lifestep, Liferower, Lifecycle, Treadmill and our very popular arm and stomach machines. If you have not seen these new machines you do not know what you are missing. Pick up a card in the Fitness Center to get

started.

PERSONALIZED FITNESS EVALUATION

**By appointment with
Rebecca Clemente, ext 348.**

Cost: \$10

Rebecca will do an evaluation of your fitness level, make recommendations, and provide an ongoing evaluation during the semester.

AEROBICS

March 9—April 29

Tuesdays and Thursdays

2-3 p.m.

Mini-gym

Cost: \$10 for 8 weeks

Aerobics for all levels with instructor Debbie Porlier. Sign up in the business office.

For further information, contact **John Palmer**, director of wellness programs, at

People

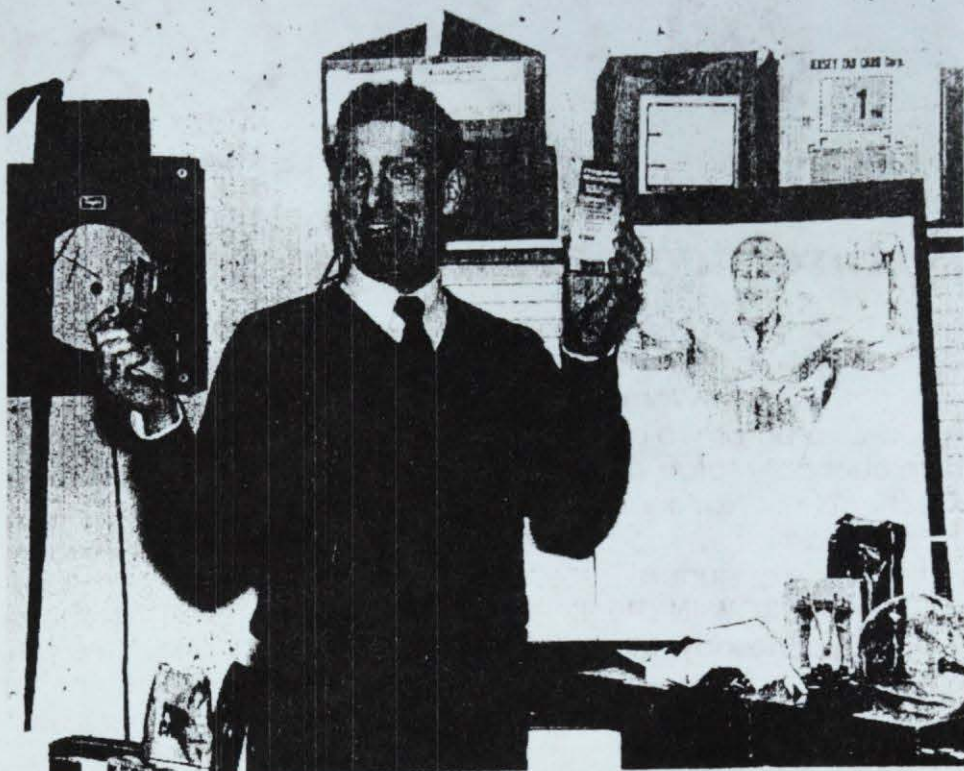
Director of Financial Aid **Jane Abbott** has scheduled a series of financial aid workshops on "How to Complete the FAFSA". The 60-minute to 90-minute sessions will be held twice weekly through mid-March. Details are in the weekly *What To Expect*.

Larry Dean will have a new office and telephone extension to go with his new responsibilities on March 1. Now the assistant academic dean for research and planning, Larry will be in office S430, and his phone number will be 285. In his new job, he will no longer be responsible for student records and registration; those tasks will fall to **Don Brown**, whose title will change to director of admissions and student records.

Jodi Dwyer, who has been working at GCC since December as a temporary replacement for **Kathleen Meredith** while Kathleen was on maternity leave, has been hired as the permanent half-time assistant for the office of public relations. She will also continue to do work on behalf of the GCC Foundation and office of alumni relations through the end of the current fiscal year. Jodi, a native of Pittsfield who now lives in Brattleboro, attended Berkshire

"The most serious charge which can be brought against New England is not puritanism but February."

—JOSEPH WOOD KRUTCH



Bob Schilling, director of information systems, was given a surprise birthday party on Friday, February 12. He turned 50 on February 14—Valentine's Day. Among the tongue-in-cheek gifts he received were a picture of "Super Bob" by student Matt Arieta, a '60s-style headband from Karen Truehart, and some Geritol and Prograine Shampoo for men.

Community College and worked for five years as a secretary in Berkshire Superior Court's Office of Probation. She is currently taking evening classes at GCC. Her office is C228 and her extension is 270. Kathleen Meredith, meanwhile, has been working as a full-time staff assistant for the Foundation and office of alumni relations since her return on February 9, and will play a major role in the implementation of the new Title III alumni/fundraising database. Her office is C232 and her extension is 271.

Pat Martin began her second tour of duty at GCC on January 25 as a receptionist for student services. Pat, who lives in Greenfield, is a 1973 graduate of GCC's computer sci-

ence program, and worked in the college's computer center from 1973 to 1975. She worked for 12 years with Kramer Scrap Division in Greenfield in a variety of capacities, and was assistant to the plant manager when she left. Just prior to GCC, she was a receptionist for D. H. Jones Real Estate.

Sandy Morris, daughter of **Lynne Morris**, staff assistant to the dean of academic affairs, has been invited to be inducted into the Golden Key National Honor Society on April 8. Sandy is a junior at George Washington University majoring in international affairs.

Professor of Psychology **Anne Wiley** recently com-

Continued on back page

Drug and alcohol abuse prevention require a positive approach, says Tri-County's Sopenski

Prevention, says **Judy Sopenski**, director of the Tri-County Partnership administered by the college, is an essentially negative concept and for that reason may be a hard one to rally people around. Prevention strategies usually are geared to tackling what some call the "risk factors"—social and environmental influences from poverty to divorce that supposedly lead a person to drug abuse.

The problem is that all these so-called risk factors are intertwined and seem only to multiply over time with each new study done, thesis written, committee formed. "It can get overwhelming," Judy says.

We need a new positive approach—one that begins with considering not only youths' "vulnerability" but their "resiliency"; not just the "risk factors" but also the "protective factors".

Such an approach, as outlined by Judy and in an article in *Prevention Forum* magazine, makes an assumption of "wellness" rather than sickness. It points to a growing body of research on what is called the "self-righting" propensity of human personality.

The article defines "protective factors" as the influences that aid a person to keep his or her balance even in a world of troubles. Clues to what these factors are have come from a series of longitudinal studies examining the lives of those youngsters who manage to grow up psychologically healthy and hopeful despite living lives riddled with



"Being constructive rather than defensive is likely to attract support," she says.

"risk factors". The numbers are amazingly high.

Three principal "protective factors," Judy says, stand out as being fundamental and essential to healthy personal growth:

- One person who cares.
- High expectations.
- A useful role to play.

Ideally, says Judy, students should be getting triple doses of these factors from a loving family, from a caring and demanding school and from their community. However, it seems that people can develop a protective shield that helps guide their healthy development if they can get access to these factors in any sphere.

The protective approach to dealing with the problem of drug abuse and

related behaviors is part of "building a healthy community," Judy says. This approach has much to recommend it. Being constructive rather than defensive, it is likely to attract support and creative thinking. It expands the universe of potential helpers in that the "one who cares" may be anyone. It draws on the interconnectedness of all encounters and relationships within the community. It gives us good, penetrating questions to ask of all our social institutions, especially of our schools.

Are our schools making sufficient demands on all students? Is academic excellence the goal for all students? Should it be? Are we failing in our efforts to help our struggling students to succeed by lowering our expectations of them?

Have we paid enough attention to the social climate in our schools? To relationships within the school? Is the school a true community? Are our high school students involved meaningfully in the running of the institution? Are there sufficient opportunities for them there or in the community to meaningfully take part in community-building projects?

The approach to prevention and to dealing with the problems of students "at risk" which Judy advises is wholistic in this sense: it includes us all—in all that we do.

*—excerpted with permission
from an article by
Judson Brown in the
Daily Hampshire Gazette*

National Women's Month

Continued from page 1
each performance. Ron Roy, the music director of *Big Butt Blues*, will also appear.

VIOLENCE AGAINST WOMEN

AWARENESS DAY

Monday, March 15

9 a.m. to 1 p.m.

Main lobby

A number of organizations will provide information at tables in the main lobby as part of Violence Against Women Awareness Day. In addition, Mary Kociela, director of the New England Learning Center for Women in Transition (NELCWIT) and Jimmy Nelson, director of the Men's Educational Network, will facilitate a discussion concerning the issues surrounding violence against women at 12 noon in the Carleton Stinchfield Lecture Hall.

SINGER/SONGWRITER

ERICA WHEELER

Tuesday, March 16

12 noon

Cafe

Since the release of her debut album, *Strong Heart*, in 1989, local musician Erica Wheeler has been carving a name for herself, receiving critical acclaim nationally. Now with the recent release of *From That Far*, she takes a huge step forward into the ranks of premier singer/songwriters. Wheeler's songs are carefully

crafted to bring out the richness and integrity of her writing, voice and guitar, blending spontaneity with passion.

DANCER ELIZABETH

FERNANDEZ O'BRIEN

Wednesday, March 24

7:30 p.m.

Mini-gym

Elizabeth Fernandez O'Brien, co-founder of the African, Brazilian and Caribbean Company, has performed and choreographed throughout New England, the Midwest and the Caribbean for the past 15 years. She has received several awards, including multicultural awards for teaching and art education. O'Brien is truly a person of international styles, having studied African, Caribbean, Brazilian, Laban, Modern Jazz and Native American dance. She will present a lecture/workshop on dances from Trinidad and Tobago.

Videos:

A LEAGUE OF THEIR OWN

HEATHERS

POSTCARDS FROM THE EDGE

Tuesday, March 23 through

Thursday, March 25

On consecutive days, the videos *A League of Their Own* (Tuesday, 12:15 p.m.), *Heathers* (Wednesday, 12 noon) and *Postcards from the Edge* (Thursday, 12:15 p.m.) will be shown.

People



Anne Wiley

Continued from page 2
pleted her doctorate in education at the University of Massachusetts at Amherst. Her dissertation was titled "Working Class Women in a Women's Studies Course from a Community College: Awakening Hearts and Minds".

Student **Arthur Wilson** was in Washington, DC, recently to attend a meeting of the National Alliance of HUD Tenants Association and a meeting of the National Learning Disabilities Support Network. He was elected the Western Mass. Regional Representative of the HUD Tenants Association as well as treasurer, and was nominated to be the regional representative of the National Learning Disabilities Network. Art went to Washington to meet with government officials and political representatives to advocate around

**SEND NEWS OF YOUR
PERSONAL AND PROFESSIONAL
ACCOMPLISHMENTS TO
RUSSELL POWELL OR
JODI DWYER FOR THE NEXT
ISSUE OF ON CAMPUS.**

*"When kindness has left people, even for a few moments,
we become afraid of them as if their reason has left them."*

—WILLA CATHER